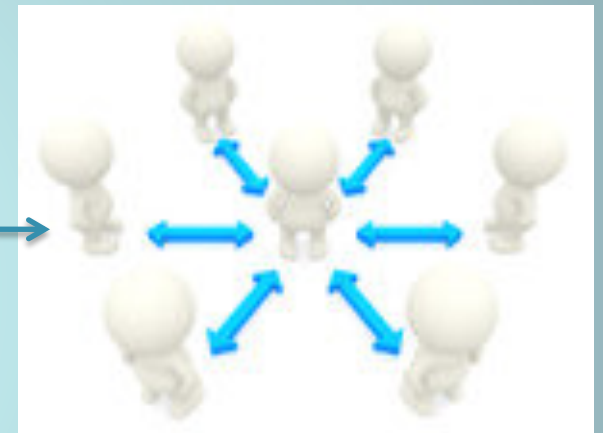


Holistic Health Practices Across the Life Course in Community-Based Primary Healthcare: Implications for ACEs

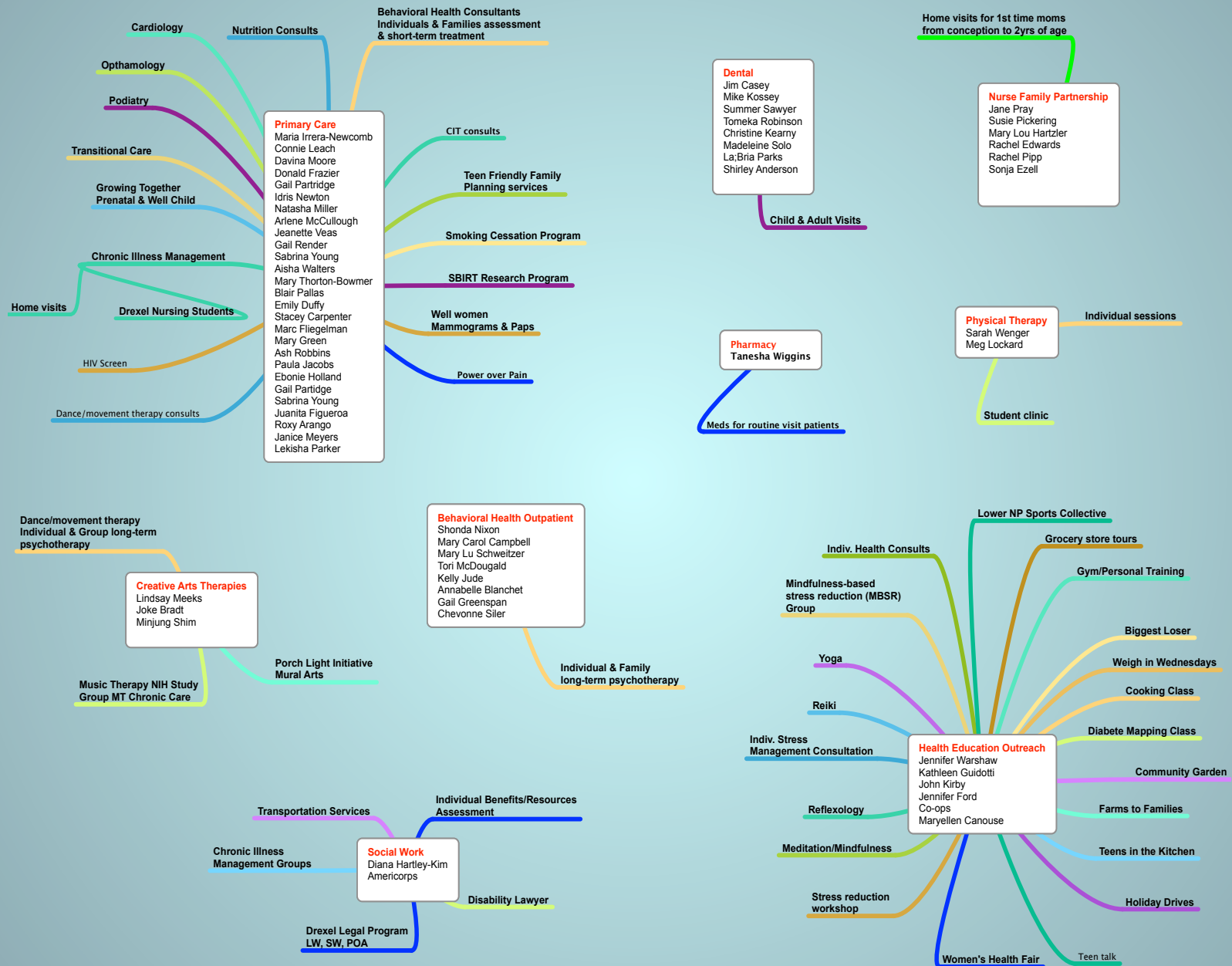


The National Summit on ACEs, May 14th

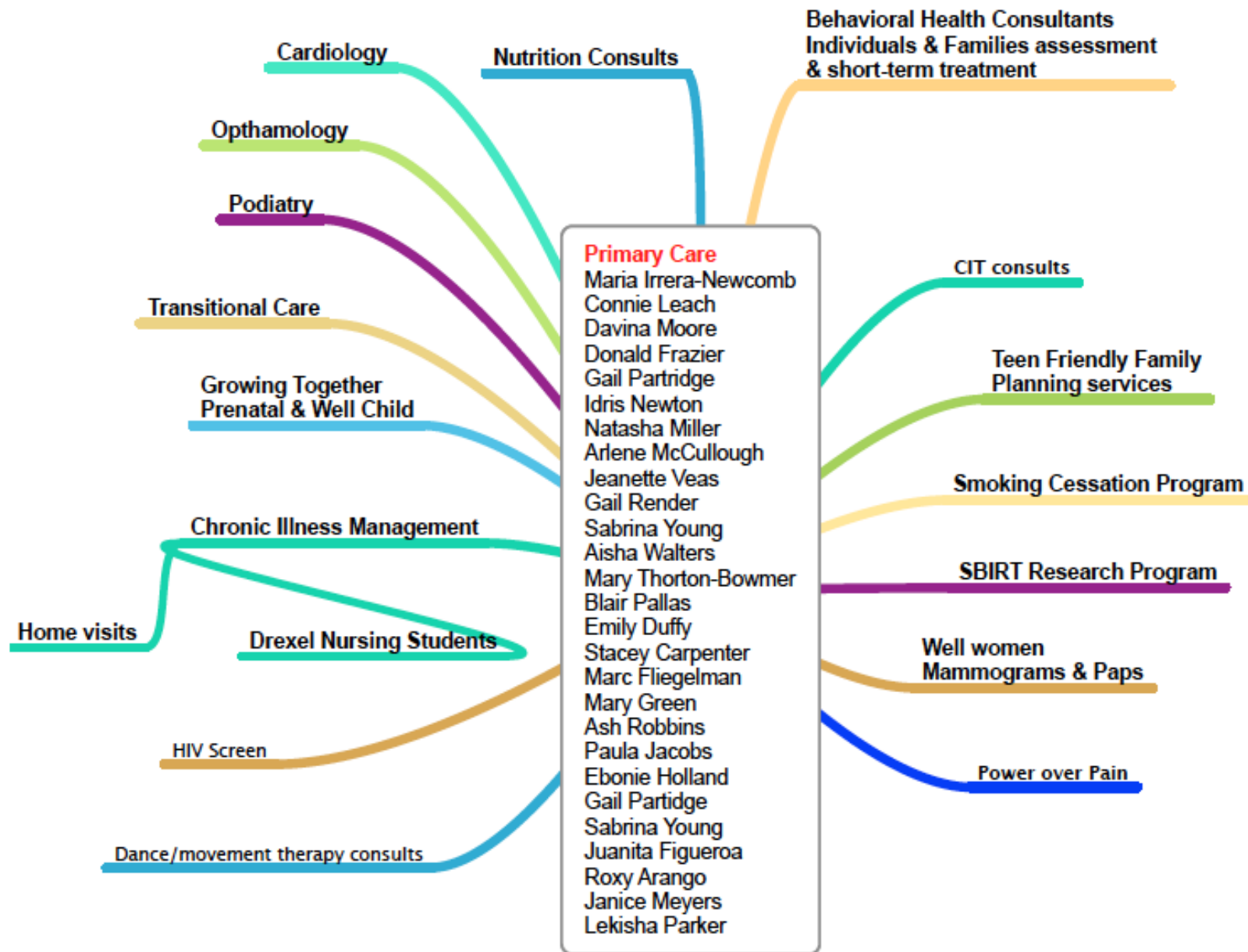
Integrated Care: seamless engagement by patients and caregivers of the full range of physical, psychological, social, preventive, and therapeutic factors known to be effective and necessary for the achievement of optimal health throughout the lifespan.



All Services at 11th Street FHS




Primary Care



Nurse Family Partnership

Home visits for 1st time moms
from conception to 2yrs of age



Nurse Family Partnership

Jane Pray
Susie Pickering
Mary Lou Hartzler
Rachel Edwards
Rachel Pipp
Sonja Ezell

Behavioral Health, FPCN

Behavioral Health Outpatient

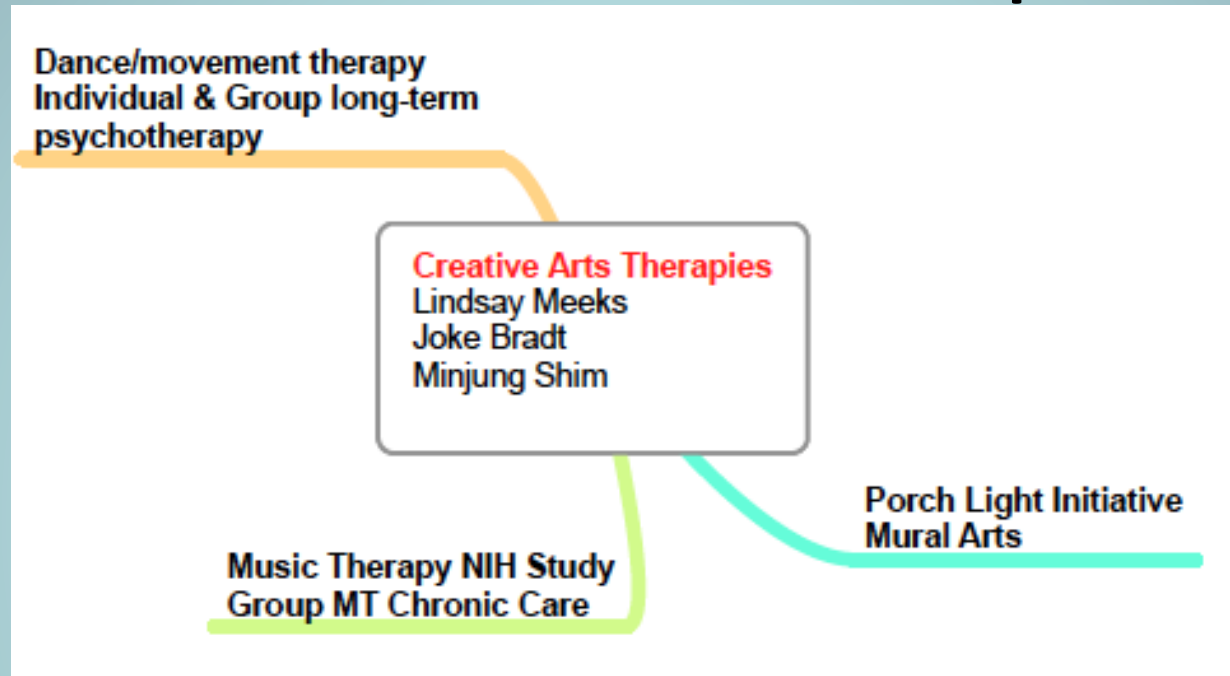
Shonda Nixon
Mary Carol Campbell
Mary Lu Schweitzer
Tori McDougald
Kelly Jude
Annabelle Blanchet
Gail Greenspan
Chevonne Siler

Licensed social workers, psychologists and psychiatrists offer diagnostic assessments

Psychiatry services including medication evaluation and management; short-term or long-term individual talk therapy for adults and talk and play therapy for families, children (ages 4 and up) and adolescents.

**Individual & Family
long-term psychotherapy**

Creative Arts Therapies

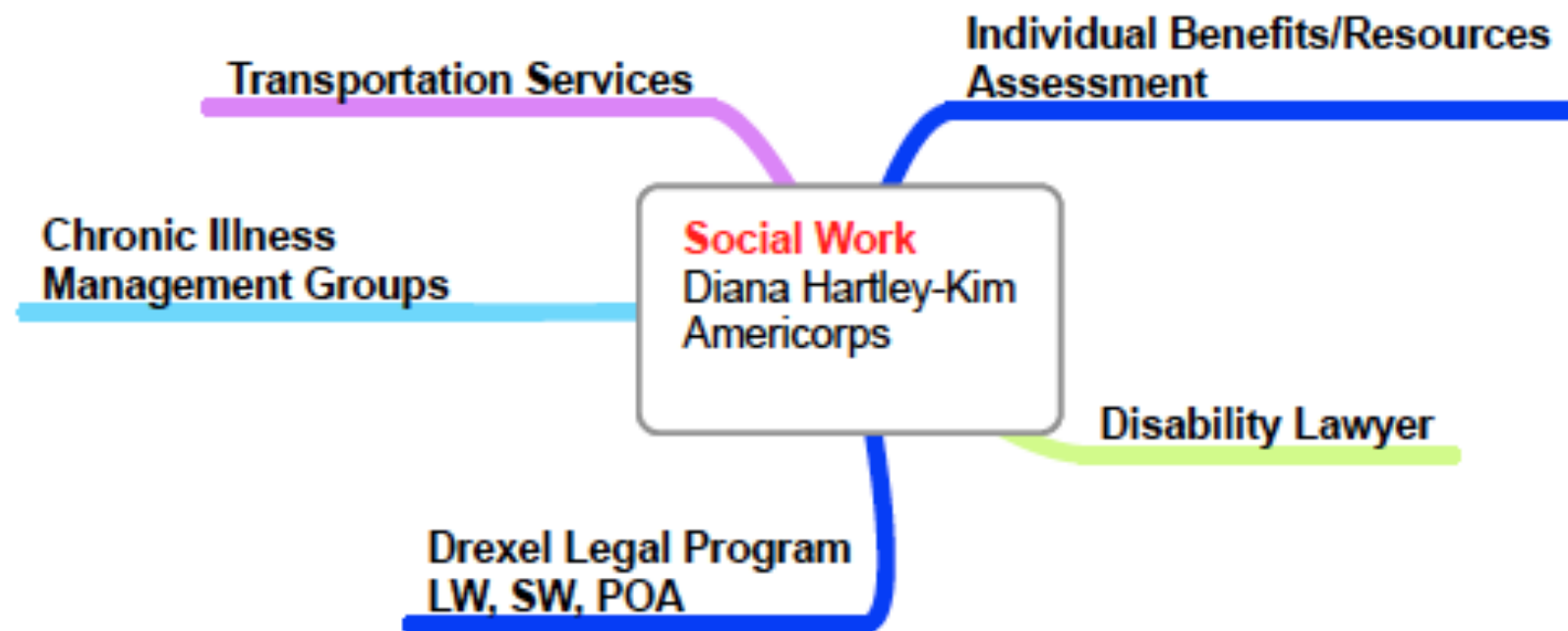


Creative Arts Therapies (CATs) are the psychotherapeutic use of movement/dance, music and art to further the emotional, cognitive, physical and social integration of the individual.

CATs are behavioral health therapists who integrate evidence from fields like neuroscience, human development and behavior, counseling, psychopathology and multiculturalism to develop their practice of assessment and treatment. Both individual and group therapy is provided.

CATS serve as primary counselors for our patients, and treat in conjunction with talk therapists, physical therapists, nurse practitioners and the nutritionist.

Social Work



Pharmacy

Pharmacy
Tanesha Wiggins

Meds for routine visit patients

Physical Therapy

Physical Therapy
Sarah Wenger
Meg Lockard

Individual sessions

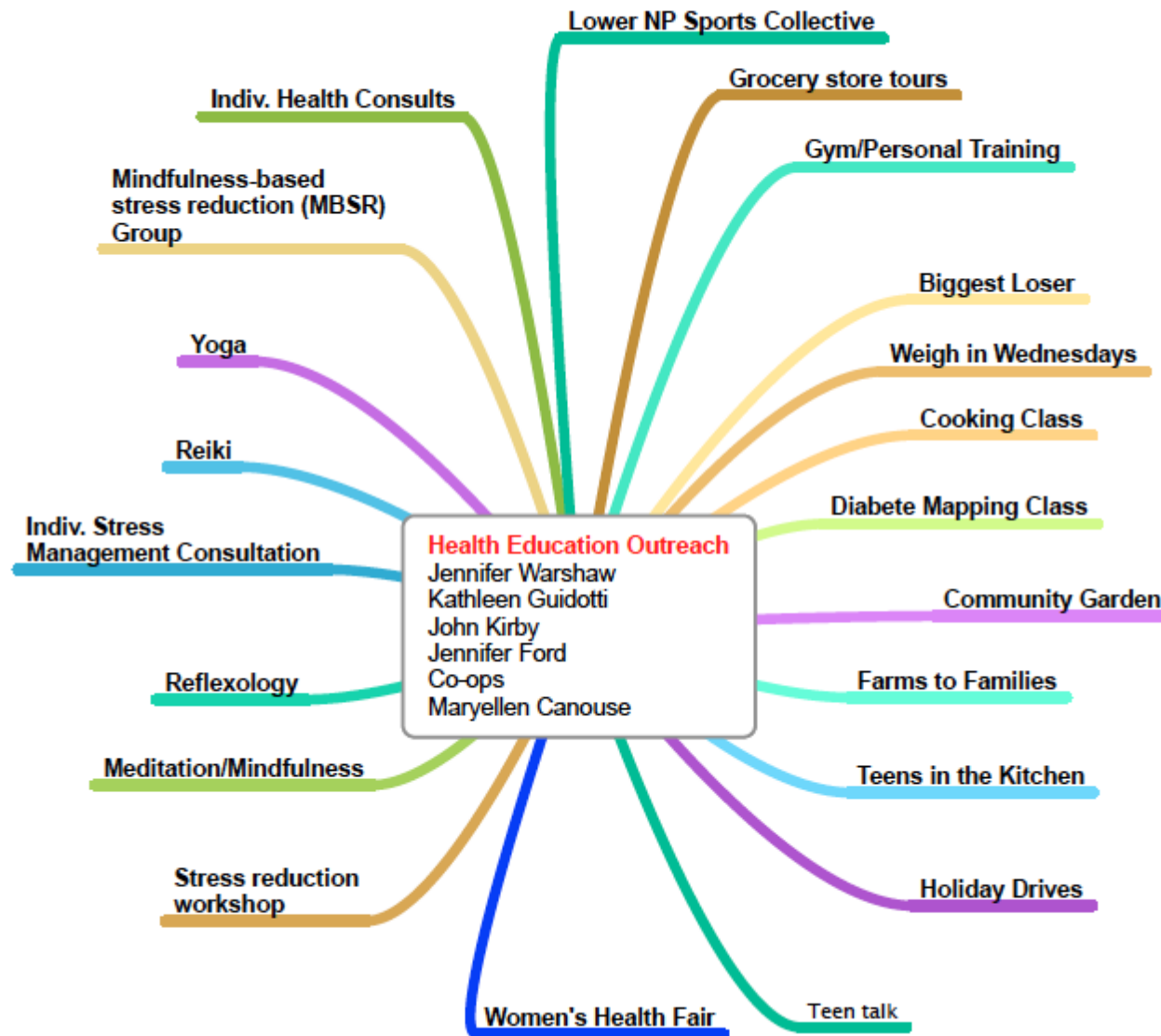
Student clinic

Dental

Dental
Jim Casey
Mike Kossey
Summer Sawyer
Tomeka Robinson
Christine Kearney
Madeleine Solo
LaBria Parks
Shirley Anderson

Child & Adult Visits

Health Education Outreach



Adults and children need a *single point* of access for healthcare that addresses both the physiological and psycho-social aspects of the person and family.



SUPPORT



IMPLICATIONS FOR ACEs

11TH STREET Family Health Center ACEs STUDY

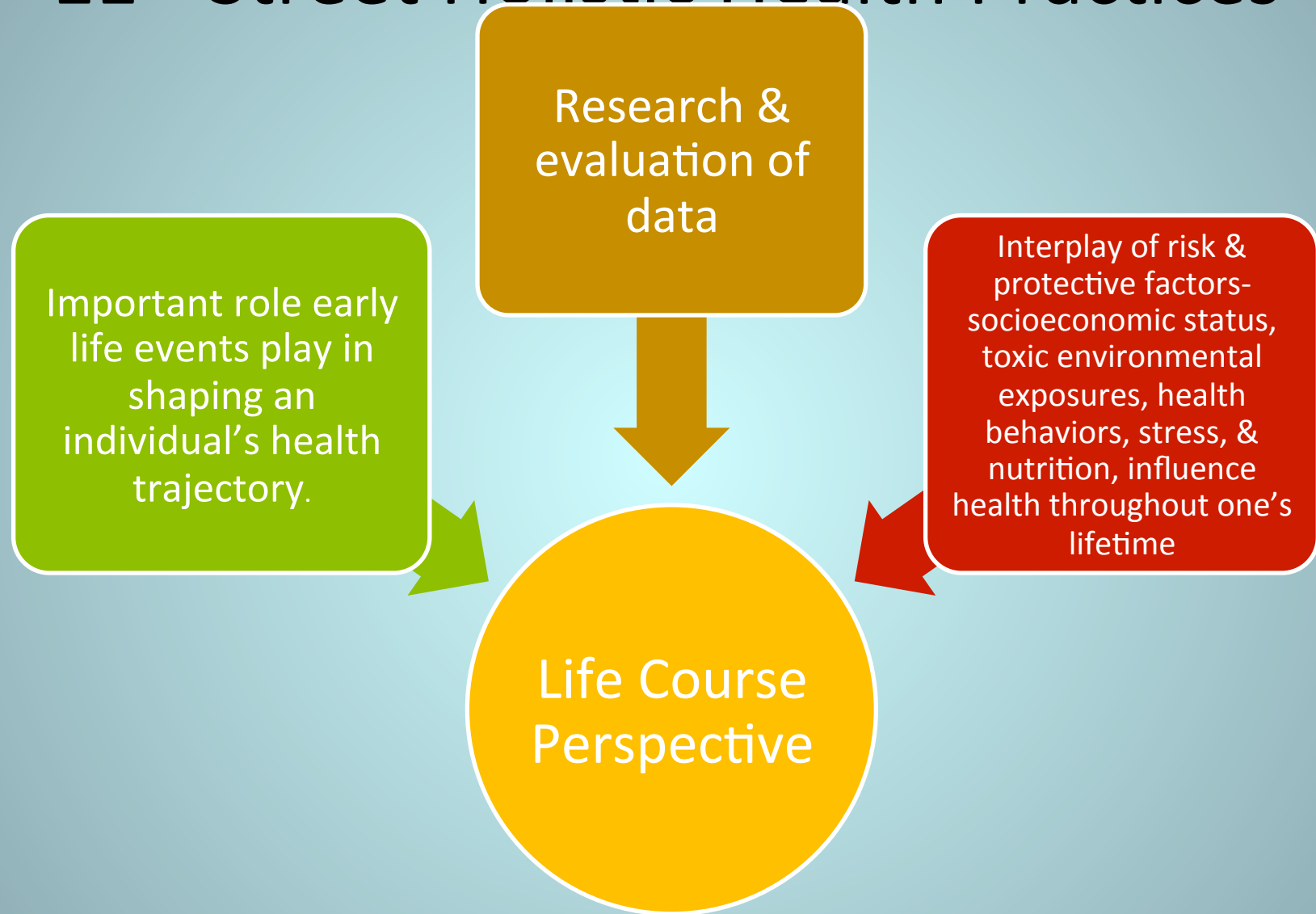
ACEs Score	Women		Men		Total	
	11 th Street Patients	Original Study	11th Street Patients	Original Study	11th Street Patients	Original Study
0	6.8%	34.5%	3.9%	38.0%	6.3%	36.1%
1	12.5%	24.5%	9.9%	27.9%	12.0%	26.0%
2	18.5%	15.5%	14.5%	16.4%	17.8%	15.9%
3	14.6%	10.3%	16.4%	8.6%	14.9%	9.5%
4 or more	47.5%	15.2%	55.3%	9.2%	49.0%	12.5%

PREDOMINANT ACEs @ 11TH ST.

It was significant for us to learn that nearly 50% of our patients had 4 or more ACEs.

Men	Women
Battered Mother	Emotional Neglect
Emotional Neglect	Battered Mother
Mental Illness in Household	Mental Illness in Household
Living with Criminal in Household	Parental Separation/Divorce

11th Street Holistic Health Practices



Health center seen as a safe place in the community



A photograph of a group of black chairs arranged in a circle on a colorful interlocking foam mat. In the center of the circle are several toys, including a blue and green baby bouncer, two colorful stacking rings, and a colorful toy box. The background shows a light-colored floor and some office equipment.

Growing Together

Early Intervention/Prevention

- Patient centered care
- Group setting providing support from their peers
- More time with practitioners

Growing Together

Based on Centering Model

- Incorporation of
 - Assessment
 - Education
 - Support
- Provided by an interdisciplinary team in a group setting



Growing Together

Parenting

- Fosters stronger relationships between providers and parents
- These relationships allow greater knowledge and understanding of family circumstances, challenges, hopes, and strengths for themselves and their babies



Growing Together

Parenting



- Babies grouped by age
- Care for mom and baby in same visit
- 6-8 parent-baby dyads per group
- 2 hours with practitioners
- Focus on development, safety, nutrition, family

Visit for Mother and Baby



- Uses family focused care from pregnancy to well child care
- Utilizes the group model of education and support to shift focus to parent-baby dyad
- Provides formalized, routine and longitudinal care with interdisciplinary team

Growing Together: Parenting

Mom's Visit:

- Contraception, Weight management, Depression, Nutrition, Stress, Parenting Issues
- Parents talking together forming a supportive network
- Encouragement of father involvement



Provide Support



Relationship Based Practice

Results in early identification of developmental, behavioral and health problems – can receive early intervention



Helps establish a foundation for supporting healthy family behaviors and promoting mental health

Learn Normal Development





Patient Wellness Tracker

Screenings
used to focus
visits and
collect data.



Data & Evaluation Challenge

- EMR – gather data during more routine primary care visits
- Limited use in capturing information that reflects integrated and holistic nature of the center's services as well as survey data
- Data stored in fragmented places hindering patient tracking and outcome evaluation
- Providers needed effective ways to exchange information



Thank you!